

05-19  
AUGUST  
2023



# EXPERIENCE THE LAKE DISTRICT OF CENTRAL DENMARK

CAMP



Swim in freshwater lakes, canoe the river Gudenaen, hike in the footprint of democracy and get to know sustainable food production through farm visits and DIY cooking.



# EXPERIENCE THE LAKE DISTRICT OF CENTRAL DENMARK

THIS CAMP IS ALL ABOUT ENJOYING THE BEAUTIFUL NATURE OF CENTRAL DENMARK WHILE GETTING INTRODUCED TO MODERN DANISH SOCIETY, WHICH IS FOUNDED ON DEMOCRACY, EDUCATION, FOOD PRODUCTION AND "HYGGE"!

## **NATURE**

DURING THE CAMP YOU WILL EXPERIENCE THE UNIQUE NATURE OF THE LAKE DISTRICTS, WHERE WE WILL BE HIKING, CANOEING, SWIMMING AND DO MINDFUL WALKS IN THE FORESTS SURROUNDING US.

## **FOOD**

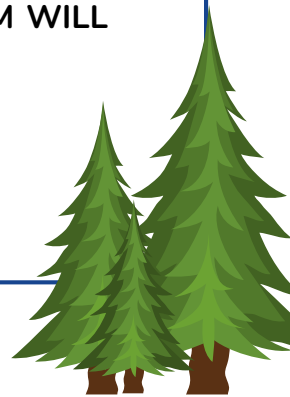
THOUGHT IS NOTHING IF FOOD IS NOT PLENTY! YOU WILL EXPERIENCE TRADITIONAL AND ORGANIC HIGH QUALITY FOOD PRODUCTION THROUGH FARM VISITS AND TOGETHER WE WILL TURN AGRICULTURAL PRODUCTS INTO DELICIOUS AND TASTY FOOD.

## **EDUCATION & DEMOCRACY**

DEMOCRACY AND EDUCATION IS KEY TO THE DANISH WELFARE SOCIETY. WE WILL DISCUSS AND EXEMPLIFY HOW FACTORS SUCH AS EDUCATION, EQUAL RIGHTS, FREEDOM OF SPEECH, GENDER EQUALITY, SEPARATION OF POWERS, CONFIDENCE IN AUTHORITIES AND TRUST AMONG PEOPLE HAVE TURNED THE SMALL KINGDOM OF DENMARK, WITH LIMITED NATURAL RESOURCES, INTO ONE OF THE RICHEST NATIONS IN THE WORLD.

BUT MOST OF ALL YOU WILL HAVE PLENTY OF TIME TO "HYGGE" WITH MANY NEW FRIENDS FROM DIFFERENT COUNTRIES AND EXPERIENCE THE HOSPITALITY OF THE ROTARY VOLUNTEERS, WHO WILL GO OUT OF THEIR WAY TO MAKE THIS THE GREATEST EXPERIENCE OF 2023!

WANT TO LEARN MORE OR UNDERSTAND THE CONCEPT OF HYGGE? FOLLOW US ON THE FACEBOOK GROUP *FOOD, NATURE AND DEMOCRACY - LAKE DISTRICT - DENMARK - 2023* WHERE THE DETAILED PROGRAM WILL BE ANNOUNCED EARLY MARCH.



# PRACTICALITIES

<b>Arrival</b>	<b>Saturday August 5th 2023 preferably before 4 p.m. to Billund Airport (BLL) or Skanderborg Railway Station. A Rotary representative will be at the airport and assist you with transportation to/from the camp (arrival and departure).</b>
<b>Departure</b>	<b>Saturday 19th August 2023</b>
<b>Hosting District</b>	<b>D1450 – Central Jutland (Denmark) by the clubs of Skanderborg, Ry, Brædstrup &amp; Galten-Skovby.</b>
<b>Participants</b>	<b>We have room for 20 participants with maximum 1 male and 1 female participant from each country.</b>
<b>Age</b>	<b>18-25 years old</b>
<b>Language</b>	<b>English</b>
<b>Costs</b>	<b>150 EUR which will be charged at the time you are accepted to the camp.</b>
<b>Other costs</b>	<b>Participants will have to pay for their trip to/from Billund/Skanderborg and pocket money.</b>
<b>Clothes</b>	<b>Casual clothes – a packing list will be provided upon acceptance of participation.</b>
<b>Insurance</b>	<b>All participants must take out their own travel insurance. In addition for EU participants please bring your blue EU health insurance card.</b>
<b>Dietary Restrictions and other conditions</b>	<b>Please note that this camp is all about food! We are not able to accommodate a vegan diet. Further, you should be able to hike a distance of 15 km.</b>
<b>Deadline</b>	<b>Deadline for application is 1st April 2023.</b>
<b>How to apply?</b>	<b>Please send your application to <a href="mailto:camp@ryrotary.dk">camp@ryrotary.dk</a></b>
<b>More information</b>	<b>If you have further questions about the camp, please contact us at <a href="mailto:camp@ryrotary.dk">camp@ryrotary.dk</a> or follow us on Facebook: <i>Food, Nature and Democracy - Lake District - Denmark - 2023</i></b>

